

# CONQUERING KINDERGARTEN

educate • engage • excel



Look for  
this heading  
on the report card!

*Conquering  
Kindergarten  
is tough!*

Children need to learn  
math, reading, and  
writing skills, as well as  
social and emotional skills.

The Philadelphia School  
District knows that social  
and emotional skills are  
important. To help our  
students succeed, we put  
14 of these skills on the  
kindergarten report card.

We need your help to make  
sure all children learn them!

## SKILLS AND BEHAVIORS THAT PROMOTE LEARNING

- ★ ACCEPTS RESPONSIBILITY FOR CHOICES AND ACTIONS
- ★ CAN WORK INDEPENDENTLY
- ★ COMPLETES WORK ON TIME
- ★ DEMONSTRATES CONSISTENT EFFORT
- ★ HANDLES CONFLICT APPROPRIATELY
- ★ LISTENS AND FOLLOWS DIRECTIONS
- ★ MAKES APPROPRIATE MOVEMENTS BETWEEN ACTIVITIES
- ★ ORGANIZES SELF, MATERIALS, & BELONGINGS
- ★ PARTICIPATES IN GROUP ACTIVITIES
- ★ RESPECTS RIGHTS, DIVERSITY, FEELINGS, & PROPERTY OF OTHERS
- ★ RESPECTS SCHOOL ENVIRONMENT & MATERIALS
- ★ SHOWS POSITIVE ATTITUDE TOWARD LEARNING
- ★ STRIVES FOR QUALITY WORK
- ★ WORKS & PLAYS COOPERATIVELY WITH OTHERS

Resources and strategies,  
like the ones on the next  
page, are available online



go to  
**CKPhilly.org**



or  
scan



*Every kid can Conquer Kindergarten!*

# ★ DEMONSTRATES CONSISTENT EFFORT

Look for  
this skill  
on the report  
card!

Look for resources and strategies like this at  
[www.CKPhilly.org](http://www.CKPhilly.org)

## ★ What does "DEMONSTRATES CONSISTENT EFFORT" mean?

When children demonstrate consistent effort, they work through tasks toward a goal. That means handling frustration, staying focused, and not giving up. This is about sticking to a task even if it is hard. This skill teaches children the value of not giving up. It gives children confidence to try new things.



## How can I help my child learn this skill?

You can teach your child to stick with tasks by talking out challenges you are facing. The next time you are struggling with something, talk through it out loud. It's as easy as that. Here's the idea. As you are doing a chore around the house, like folding laundry, you might say: "I'm getting so frustrated! Folding this shirt is tricky! I want to give up, but I am not going to. OK, deep breaths. Now try again." When you try again, maybe mess up a few times and talk through the mistakes: "Hmmm...that's not right. Maybe if I try this..." When you get it right, share how you feel: "I did it! I'm glad I didn't give up."



## Your child can see the value of DEMONSTRATING CONSISTENT EFFORT in the book:

*Whistle for Willie*, by Ezra Jack Keats (available at the Free Library of Philadelphia)



follow us on twitter  
[@PHLKindergarten](https://twitter.com/PHLKindergarten)



find us on facebook  
[PHLKindergarten](https://www.facebook.com/PHLKindergarten)



follow us on instagram  
[conqueringkindergarten](https://www.instagram.com/conqueringkindergarten)